

Sikh Women's Aid

Information and Referral Guidance



Sikh Women's Aid is **the UK's only 'by and for' charity providing specialist support for Sikh Panjabi women and children affected by domestic abuse, sexual abuse, exploitation, and faith-based harm.**

We offer **emotional support, crisis intervention, and culturally tailored counselling delivered by trained Sikh Panjabi professionals.**

Our team also provides **expert input to Domestic Abuse Related Death Reviews (DARRs)**, ensuring cultural understanding and survivor voices are central to the review process.



Crisis Intervention

We provide culturally tailored domestic abuse advocacy to women and children experiencing domestic, sexual and faith-based abuse & exploitation.



Mental Health and well-being support

We offer 8 -10 free sessions of therapeutic counselling to victims of domestic and sexual violence.



Research and Awareness

We publish annual thematic reports based on community engagement & casework. the outputs of such work feeds directly into our awareness and communications strategy.



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